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Press Release

BSES Takes-up Cudgels for Women's Safety Imparts Self Defense Trainings to over 6000 Girl Students

BSES' CSR program has positively impacted the lives of over 2 lakh people and their families

New Delhi: Being an equal opportunity employer, BSES respects women and their well being – both within the organisation and outside. Their safety and security is of utmost importance. In the kind of the world we live in today, it has become a necessity more than ever. Realising this, BSES discoms are doing their bit for women's safety. BSES discoms have partnered with Delhi Police Special Unit for Women & Children, Nanakpura and Trident Tactical Solutions Pvt Ltd (a specialised organisation led by a former SPG commando) to impart self defense training to school girls.

Since the inception of the program some three years ago, BSES has trained over 6200 young girls from over 50 schools and educational institutions under this initiative.

In these trainings, the participants are made aware of possible threats to them in their day to day situations along with situational analysis and suggested precautions. The initiative also strives to equip the participants with the necessary skills, making them capable of managing their own safety. Besides the physical training, the participants are also given tips to handle sticky situations. They are also told to share the knowledge with their friends, neighbours and family members.

The training program spread over 10 days strives to educate young girls on the importance of speaking out, raising an alarm and getting out of tricky situations. Among others, the training module seeks to impart the following:

- How to take counteractive actions in unfortunate and tricky situations
- How not to become a mute captive. Creating awareness amongst the young women to be aware of their surroundings at all times.
- The difference between good touch and bad touch

Touching lives

According to a BSES spokesperson, "BSES' CSR efforts already have positively impacted the lives of over 2 lakh (and counting) people and their families. Apart from self defence, these initiatives include adult literacy program and health & eye care camps, which have benefitted over 28,000 and 50,000 of the under privileged people respectively".



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