

# SPaRSH

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...enlightening lives

## CSR NEWSLETTER

**NOVEMBER - 2025**



November was a month of steady action on the ground for BRPL CSR – a month where community engagement took shape across schools, neighbourhoods, health camps, training centres and sports grounds. These efforts may look different on the surface, but they share a common purpose: responding to real needs with practical, people-focused solutions.

During the month, BRPL worked closely with communities across South and West Delhi to promote safety, health, dignity and self-reliance. Schoolgirls learned to protect themselves through structured self-defence training; families accessed healthcare closer to home through mobile dispensaries and medical camps;

women strengthened their livelihoods through vocational training, handloom work and sanitary napkin manufacturing; and young students discovered confidence and teamwork through the BSES Basketball Academy, carrying their discipline from the court into everyday life.

Through Sparsh, we bring together these stories from November – stories that reflect consistency, participation and trust built over time. They underline BRPL's belief that development is most meaningful when it is grounded, inclusive and connected to the everyday realities of the communities we serve.

# Grassroots Basketball Training Delivers Results

The BSES Basketball Academy has begun to show encouraging results – reflecting the very purpose for which it was established: to identify, train and nurture young sporting talent at the grassroots level, especially among students of government schools.

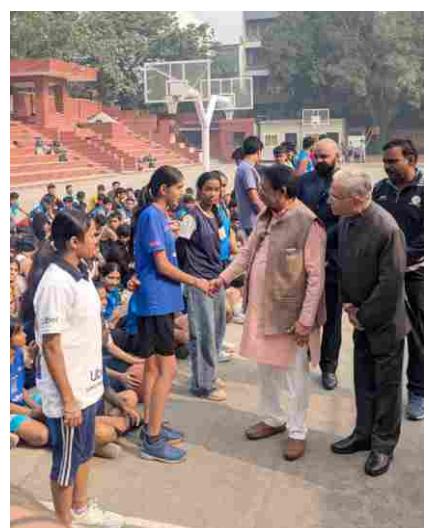
At the Sansad Khel Mahotsav – East Delhi, the 9 U-18 girls' training at the Academy's delivered a commendable performance, winning five out of eight matches and securing the Bronze Medal. Competing against teams from across the district, the players displayed confidence, discipline and strong teamwork – qualities developed through regular, structured training under the Academy.

This achievement underscores the impact of consistent coaching, access to proper facilities and sustained mentoring provided by the BSES Basketball Academy.

Beyond technical skills such as ball control, shooting and match strategy, the programme emphasises fitness, mental strength and collective play, enabling young athletes to perform under competitive conditions.

The result is particularly significant as the players are students of Delhi government schools, many of whom are receiving organised sports training for the first time. Their performance at the Sansad Khel Mahotsav reflects how opportunity, when matched with guidance and effort, can translate into tangible outcomes.

The Bronze Medal finish marks an important milestone for the BSES Basketball Academy, reinforcing its role in building confidence, discipline and pathways for young girls through sport – both on and off the court.

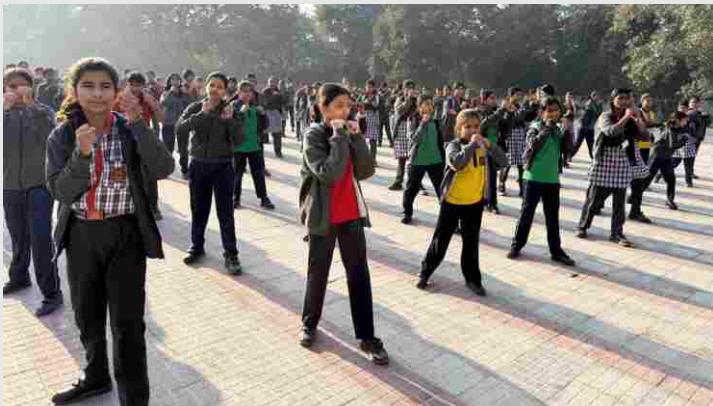


## Empowering Schoolgirls with Self-Defence Skills

Creating safer spaces begins with empowering young minds. With this objective, BRPL organised self-defence training programmes for schoolgirls in the Dwarka and Najafgarh areas, focusing on awareness, confidence and preparedness.

In November, 559 girls from Class VI onwards participated in these sessions across four schools – Shiv Public School (65), RD International (108), DC Convent School (118) and KV Chhawla School (268). The training introduced students to basic self-defence techniques, situational awareness and simple response strategies.

For many participants, this was their first exposure to structured safety training. Beyond physical techniques, the sessions helped build confidence and alertness, encouraging girls to trust their instincts and feel more secure in their everyday environments.



## Restoring Vision Through Community Eye Care

Clear vision plays a crucial role in learning, working and maintaining independence. Recognising this, BRPL organised seven eye care camps in Jaffarpur, Chhawla and the Palam Division during November, in collaboration with I Care Charitable Hospital (6 camps) and Sagar Trust (1 camp).

The camps offered comprehensive eye check-ups, consultations and support for vision correction. During the month, 2,052 people attended OPD services, while 1,458 spectacles and 1,201 medicines were distributed.

In the current financial year so far, 2,333 people have benefited from OPD consultations, 1,634 spectacles and 1,201 medicines have been distributed. These camps have helped many residents regain clarity of vision, improving their ability to study, work and manage daily tasks independently.



## Supporting Healthier Lives Through Tobacco De-Addiction

Preventive healthcare is an important step towards long-term well-being. As part of this approach, BRPL organised a Tobacco De-Addiction Camp at Ambedkar Park, Sabzi Mandi, near Molar Band School, Meethapur Extension in South Delhi.

The camp provided counselling and awareness support to individuals looking to quit tobacco use. In November, 48 people attended the camp, and 41 participants successfully quit their tobacco habits.

The initiative reinforced the importance of early guidance, motivation and continued support in helping individuals make healthier lifestyle choices.



## Taking Healthcare Services to the Community

Access to healthcare can be a challenge for residents of slum clusters and rural pockets. To address this gap, BRPL continues to operate mobile dispensaries that deliver door-to-door medical check-ups and medicines, particularly benefiting women and vulnerable groups in South and South-East Delhi.

In November, around 1,000 people received medical assistance through this initiative. With this, the cumulative number of beneficiaries has reached around 2,000, ensuring that basic healthcare reaches those who may otherwise delay or forgo treatment.



## Promoting Health and Well-Being Through Yoga

To promote physical and mental well-being, BRPL organised yoga programmes for police personnel, as well as students, teaching and non-teaching staff at government schools. Participants were also trained in simple exercises they can practice in their leisure time to support their well-being.

In November, around 1,330 people benefited from 38 yoga camps. Overall, around 2,170 people have benefited from 66 camps so far, supporting stress management, physical fitness and overall well-being.



## Improving Menstrual Hygiene Through Community Production

Menstrual hygiene remains a concern in many low-income communities. Through its sanitary napkin manufacturing initiative, BRPL is working to make affordable and hygienic menstrual products accessible, while also creating livelihood opportunities for women.

These fabric-based sanitary napkins have layers of tightly woven 100% safe cloth, offering a practical alternative to unhygienic options. In November, BRPL manufactured 6,893 sanitary napkins and distributed 2,000 napkins.

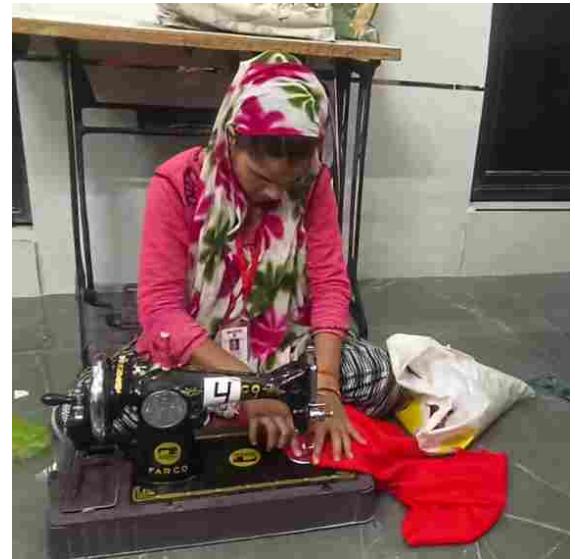
In the current financial year, 30,638 sanitary napkins have been stitched and 21,200 distributed, contributing to improved health awareness and dignity among women and girls.



# Building Livelihoods Through Skill Development

BRPL's vocational training centres continue to support youth and women by providing skill-based training in tailoring, beauty culture, computer education and courses for the differently abled.

In November, 82 students enrolled. In the second batch, a total of 635 students enrolled across various centres. Between April and September (first batch), around 960 students successfully completed their respective courses.



# From Training to Independence

## Akshara | Stitching a Future with Confidence

At just 20 years old, Akshara from Kunwar Singh Nagar, Nangloi, carried a quiet dream – to turn her natural flair for design into something meaningful and sustainable. Having completed her schooling till Class XII, she was keen to support herself, but like many young women from modest backgrounds, opportunities felt limited.

Her turning point came when she enrolled in a tailoring course supported by BRPL through the



Sahyog organisation. What began as a skill-training programme soon became a source of confidence and purpose. Under patient guidance, Akshara learned not just stitching and design, but also discipline, quality and problem-solving – skills that extended beyond the sewing machine.

After completing the course, she started small, taking stitching orders from neighbours, friends and family. Gradually, word spread, and her customer base grew. Today, Akshara earns independently and continues to build her home-based venture with pride. Her journey reflects how access to the right skills, at the right time, can help young women shape their own futures.

## Ashish | Coding a Way Forward

A few months ago, Ashish found himself at a crossroads. Despite completing his basic education, he struggled to find employment due to a lack of job-ready skills. The uncertainty weighed heavily on him, and each unsuccessful attempt made the road ahead feel more daunting.

Determined to change his situation, Ashish enrolled in a computer training course offered through BRPL Sahyog Care. With little prior exposure to computers, the initial days were challenging. However, the supportive environment and encouragement from trainers helped him persevere. Through regular practice and hands-on learning, he gradually gained confidence in computer operations and data entry work.

Upon completing the course, Ashish received support during job interviews and was soon selected for a data entry position at a reputed company. Today, he earns ₹12,000 per month and stands financially independent. For Ashish, the training programme was not just about learning computers – it was about finding direction and stability.



## Shrishti | Discovering Strength Through Skill

Shrishti, a student of Class X, grew up in a large family where financial responsibilities often took precedence over personal aspirations. While she continued her studies, she felt a strong desire to contribute and build a more secure future for herself and her family.

Her journey began when she enrolled in the Beauty Culture course at the BRPL Sahyog Care Centre. The training provided her with practical, market-relevant skills, delivered with care and consistency by dedicated instructors. More importantly, it gave her confidence – something she had never fully experienced before.

After completing the course, Shrishti secured a job at a private parlour. Today, she balances work with her studies, supporting herself while continuing her education. Her story is a reminder that skill development can empower young girls not only economically, but emotionally – helping them believe in their own abilities.



## Strengthening Financial Awareness and Inclusion

Through financial literacy programmes, BRPL is helping individuals understand banking processes, personal finance and money management. Bank accounts are being opened for beneficiaries who do not have accounts and are willing to be part of the formal banking system.

In November, around 500 women benefited from the drive. Overall, around 4,000 women have benefited in the current financial year, helping more families become part of the formal financial system.



## Empowering Women Through Self-Help Groups

Self-Help Groups supported by BRPL continue to provide women with opportunities for collective learning and income generation. Training includes soft toys, frock making and handicrafts, wall hangings, jhumar and bag making.

In November, 30 women got enrolled in 2 SHGs. Overall, around 220 women have been enrolled in 22 SHGs in the current financial year, strengthening self-reliance and community-based livelihoods.



## Creating Sustainable Livelihoods Through Handloom Training

BRPL's handloom incubation units – Thread of Trust – at Sangam Vihar (South Delhi) and Uttam Nagar (West Delhi) are running successfully, with more than 100 women beneficiaries enrolled (25 in Sangam Vihar and 82 in Uttam Nagar). The programme focuses on handloom machine operations and allied skills, enabling women from underprivileged communities to move towards income generation and self-dependence.

Till November 2025, 30 beneficiaries have been linked with Udyam Aadhaar, and registration certificates have been issued. Products are also being listed across multiple online platforms including Amazon, JioMart, Megastores, Snapdeal, Flipkart, India Handmade, Meesho, MyStore and ArtisanWizard to improve visibility and market outreach.



## Improving Cremation Grounds with Dignity and Care

BRPL continues to work towards improving shared community spaces that hold social and emotional significance. Renovation work has commenced at the Khair Village Cremation Ground, with a focus on cleanliness, safety and basic infrastructure.

The entire area has been freshly whitewashed to enhance cleanliness and appearance. Improvements include a shed for wood storage, sitting areas and other essential works. In addition, various maintenance activities are ongoing to ensure the ground is well-organised and safe for public use.

These efforts aim to provide a dignified, clean and respectful environment for families during moments of farewell.

