



During the month of May, a lot of focus was imparted to women at the 30 Adult Literacy Centres (ALC) being run by BRPL under its CSR program. Apart from the regular classes, several awareness sessions were also organised at these ALCs on sexual harassment, sexual abuse of children, women's hygiene and maternal mortality rate.

## Women (and their children) from Adult Literacy Centres take out awareness rallies

The women enrolled in BRPL Adult Literacy Centres (ALC) are not content with just studying and getting empowered, they are taking it upon themselves to empower other women. To spread awareness on their learnings, these women, along with their children, are actively organising rallies in their neighbourhoods to make fellow residents aware about several pressing issues like sexual harassment, sexual abuse of children, women's hygiene and maternal mortality rate.



### Making women empowered through awareness sessions:

In addition to their normal curriculum, these women are also made aware on issues that impact their health and safety and that of their children through awareness sessions.

#### Sessions on the Sexual Harassment

An awareness session on sexual harassment was organised for ALC members in Indira Colony and Golden Park in association with our NGO partner. Attended by 27 children and 26 women, through these sessions, they were made aware about the various aspects of sexual harassment and steps for their prevention.

#### Sessions on the sexual abuse of children:

The issue of sexual abuse of children is more prevalent than one can imagine. To sensitise women and children on the issue, a session on sexual abuse of children was organised for women and their children at our ALC centres in Peera Garhi, Udyog Vihar, Nangloi and Beri Wala Bagh. They were also provided helpline numbers of Sahyog and the Childline to ensure that they have someone to talk to and be heard in case of an issue or if they want to seek counselling on the subject.

#### Sessions on the menstruation hygiene:

An awareness session on menstruation hygiene was organised at the ALC centres at Harijan Colony, double story Tilak Vihar, Shiv Vihar, Vishal Enclave, Raghuvir Nagar, Rewari Line and R K Puram. These sessions were attended by over 80 girls and around 100 women. In the sessions, the discussions centred on menstruation and the various taboos associated with it. Essentially, the idea of these sessions was to make the participants aware about the subject and help them become more open and accepting about the subject.

#### Sessions on maternal mortality rate:

Awareness sessions on the issue of maternal mortality rate were organised in the ALCs Peera Garhi and SPM, Vishal Enclave. In these sessions, women were made aware about the deaths due to complications from pregnancy or childbirth. In these sessions, the participants were motivated and told about the various do's and don'ts during pregnancy. They were told that as far as possible, delivery should be done at a hospital and not at home by a midwife as that increases the risk of exposure to infections and diseases, increasing the risk of death of the mother or the infant. The session was attended by 42 women.



### Cancer prevention check-up

During the month, a cancer prevention check up camp was organised at the BRPL vocational training centre at the CRPF camp Jharoda Kalan. It was attended by 110 residents.

